

























## Oefening 1

|  |   |   |   |   |  |   |   |
|--|---|---|---|---|--|---|---|
|  |  |  |  |  |  |  |  |
| (55) (70) (65) (75)  | (90) (95) (85) (80)   | (85) (75) (80) (65)   | (75) (80) (85) (90)   |   |  |   |   |









## Oefening 2

|  |   |   |   |   |  |   |   |
|--|---|---|---|---|--|---|---|
|  |  |  |  |  |  |  |  |
| (70) (60) (75) (65)  | (60) (80) (75) (70)   | (70) (65) (60) (55)   | (75) (65) (70) (85)   |   |  |   |   |

## Oefening 3

|  |   |   |   |   |  |   |   |
|--|---|---|---|---|--|---|---|
|  |  |  |  |  |  |  |  |
| (60) (50) (65) (55)  | (80) (70) (60) (65)   | (65) (60) (70) (80)   | (85) (75) (70) (80)   |   |  |   |   |

## Oefening 4

|  |   |   |   |   |  |   |   |
|--|---|---|---|---|--|---|---|
|  |  |  |  |  |  |  |  |
| (90) (100) (95) (85)   | (70) (85) (65) (75)   | (75) (90) (85) (80)   | (70) (60) (55) (50)   |   |  |   |   |

## Oefening 1

|    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| ?  | 35 | 15 | ?  | ?  | 25 | 15 | ?  |    |    |    |    |    |    |    |    |
| 55 | 70 | 65 | 75 | 90 | 95 | 85 | 80 | 85 | 75 | 80 | 65 | 75 | 80 | 85 | 90 |

## Oefening 2

|    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 30 | ?  | ?  | 30 | 35 | ?  | ?  | 25 |    |    |    |    |    |    |    |    |
| 70 | 60 | 75 | 65 | 60 | 80 | 75 | 70 | 70 | 65 | 60 | 55 | 75 | 65 | 70 | 85 |

## Oefening 3

|    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| ?  | 40 | 30 | ?  | ?  | 30 | 25 | ?  |    |    |    |    |    |    |    |    |
| 60 | 50 | 65 | 55 | 80 | 70 | 60 | 65 | 65 | 60 | 70 | 80 | 85 | 75 | 70 | 80 |

## Oefening 4

|    |     |    |    |    |    |    |    |    |    |    |    |    |    |    |    |
|----|-----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 5  | ?   | ?  | 25 | 20 | ?  | ?  | 40 |    |    |    |    |    |    |    |    |
| 90 | 100 | 95 | 85 | 70 | 85 | 65 | 75 | 75 | 90 | 85 | 80 | 70 | 60 | 55 | 50 |